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SERENITY scrub, wrap & massage
For those who want to indulge beyond compare, bring your body into a perfect balance of hydration and relaxation. Begin your journey with a gentle Rose Jasmine scrub to reveal your skin’s radiance. Your body is then lathered with a detoxifying and moisturizing masque, then wrapped up tightly to keep warm while your skin is nourished and renewed. During this time a relaxing scalp massage with Argon oil is performed. Finally, you are drenched in Rose Jasmine body milk for a calm massage to help relax and restore the whole body. This treatment will help keep your skin soft and sweet. (110 MIN)

ESSENCE body treatment
Refresh your inner core with a renewing and cleansing full-body exfoliation. The skin is polished with an organic sugar scrub to help remove dead skin cells and improve overall circulation. This treatment is finished with a body milk application leaving your skin with a softer, smoother appearance. (50 MIN)
(Please refrain from any hair removal prior to this service.)

SIGNATURE RITUALS

HYPNOTIC body treatment
Escape into relaxation while we indulge you, making your skin decadently smooth. Marine oils and sea salts gently polish your skin followed by steamed and fragrant linen bundles that deliver warmth. Inhale hypnotic perfumes as sachets press into aching muscles and energy pathways. Inspired by Thai massage styles, techniques are combined to release tension and restore balance to the entire body. (80 MIN)

BALANCE massage
Unwind and find balance of mind body and soul through this Ayurvedic massage treatment. Essential floral and ayurvedic oil blends are selected to invoke harmony among the energies that make up your individuality, also called your Doshas. Whether the need is relaxation, energizing or simply delight, this special, selected blend will stimulate with a revival of your body, mind and spirit. (80 MIN)

ESSENCE body treatment
GOLDEN GLOW — scrub & wrap
Allow your mind to drift away as tiny golden peptides thoroughly polish your skin removing dry skin cells. Then, you’ll experience the ultimate body wrap enriched with iridescent minerals and detoxifying elements giving an immediate lifting and smoothing effect to your body. Finally, enhance your skin’s glow with an application of our golden peptide body milk and a dusting of our golden shimmer powder. (80 MIN)

GOLDEN LUSTER — scrub, wrap & massage
Immerse yourself in luxury. Begin with an illuminating body exfoliation, eliminating dead cells while firming and toning your skin with golden peptides. Then merge into a detoxifying body wrap enriched with iridescent minerals to restore balance, detoxify and hydrate your skin. Lastly, relish in a luxurious relaxation massage with our golden peptide body milk and finishing with a dusting of golden shimmer powder that will leave you feeling like royalty. (110 MIN)

SCULPT — scrub, wrap & massage
Define your figure by eliminating stored fat and smoothing cellulite. Start with a complete exfoliation of the body followed by an application of a self-heating sculpting clay complex, from the knees to the waist. You will then be wrapped tightly to detoxify and drain tissues while restoring the body’s fat burning capabilities throughout this warm masque. After the masque is rinsed away, a contouring massage is performed to aid in the slimming and smoothing effect of your body. (110 MIN)

TONE — scrub, wrap & massage
Experience a traditional Moroccan beauty secret with this firming, remineralizing and detoxifying body therapy. After being scrubbed with coconut shell, dates and orange blossom water, a body masque made of pure Moroccan clay is applied to the entire body to firm and tone. While wrapped in a warm cocoon, a relaxing scalp massage with Argon oil is performed. Once a refreshing shower is complete, personalize your massage with nourishing oil and an iridescent powder (optional) mixed with your choice of Rose Orange Water Essence for soothing serenity or Jasmine-Mint Essence for revitalization. Immediately feel more firm and tone. (110 MIN)
(May be customized for men.)
RED CARPET HYDRAFACIAL
Experience the secret behind celebrities’ flawless skin in this Hydradermabrasion tailored to your skin’s needs, designed to resurface and rejuvenate the skin with immediate results you can feel and see. Throughout this luxurious non-invasive treatment, toxins are removed from lymph nodes, impurities are Vortex-Exfoliated, super serums filled with antioxidants, peptides and hyaluronic acids to boost hydration are infused into the skin by Vortex-Fusion. A customized masque is created to seal the nutrients of the serums. LED light therapy is applied to balance and smooth skin. Enjoy an upper body, hand and foot massage to relax and relieve stress. Finish your treatment with a “WINK” and a “KISS”, a hydrating treatment for your lips and fine lines around the eye, leaving you ready to walk the red carpet. (80 MIN)

PERFECTLY RADIANT
Let HydraFacial MD restore and revive your skin with a tailored treatment based on your skin’s needs. Begin with a deep steam and Vortex-Cleanse during an upper body massage to relax and relieve stress. Then, super serums filled with antioxidants, peptides, and hyaluronic acids to boost hydration are Vortex-Infused into the skin leaving it healthy, protected, firm and radiant. Your treatment concludes with a “KISS” treatment, leaving your lips looking and feeling as healthy and radiant as your skin. (50 MIN)

IMMERSE ULTIMATE
Indulge yourself in this one-of-a-kind euphoric facial treatment using an innovative blend of plant-derived stem cells focusing on correction, prevention and nutrition. Serums of antioxidants with peptides are applied to relax the muscles of facial expression. Enjoy your tranquility with a body massage including the feet, arms and hands. A “Wink” and “Kiss” treatment is performed along with a soothing scalp massage. Finally, Cell.U.Lift will be applied to loose, cellulitis areas of concern. This experience is sure to lift your mind, body and soul. (110 MIN)
IMMERSE SIGNATURE  all skin types
Restore healthy, beautiful skin and improve texture and tone with this highly effective facial. This treatment utilizes nutria-peptides and plant derived stem cells to nourish and protect the skin, as well as slow the aging process. An innovative Vectorize-Technology serum is applied to help smooth and tighten the skin. While enjoying an upper body and foot massage, an AHA treatment is lightening and brightening your skin leaving you feeling and looking luminous and radiant. (80 MIN)

IMMERSE CLASSIC  customized
A European facial with an IMMERSE touch! This customized classic facial is tailored to address your skin’s needs. While performing customized procedures to perfect your skin, enjoy an amazing upper body massage with a hand and arm treatment. Whether you have a specific concern or are just looking for rejuvenation, we can accommodate any need. (50 MIN) Choose your skin type:

*REVIVE—sensitive, dehydrated, rosacea 
*RESTORE—dry, fine lines, wrinkles 
*PURE—acne 
*RADIANT—dull, discolored

ORGANIC  all skin types
This signature facial is a vitamin cocktail for your skin, excellent for nourishing, repairing and protecting dry, stressed skin. Super foods become super skin care ingredients in this nourishing facial to rescue the skin with a potent dose of vitamins and essential oils. A double layer masque of hydration and nutrition is massaged into the skin, leaving it flawlessly ‘divine.’ Soothe and hydrate your eyes with a revitalizing eye treatment that can also help to reduce puffiness and dark circles. Finish with a natural gentle fruit enzyme applied to the lip area. (50 MIN)

OXYGEN  hydrating
This rejuvenating facial is a new treatment that exfoliates, illuminates and oxygenates the skin. A gentle fruit enzyme is a revolutionary exfoliator rolling away dry skin cells while a one-of-a-kind masque will create illuminated skin in just minutes. An intensive plant stem cell serum is then applied, followed by a tinted moisturizer leaving the skin lustrous, even-toned and radiant, as well as protected from UVA and UVB rays. (80 MIN)

We recommend all of our facials to be given in a series of six for optimum results. Prices will vary, please contact our reservation desk for details.
FACIAL ENHANCEMENTS

KISS
This treatment will exfoliate, hydrate and plump for the perfect kiss.

WINK
Address puffiness, dryness, fine lines, dark circles and wrinkles around the eye with exfoliation, masque and creme designed specifically for the eye area.

LIFT
This treatment tightens the neck, décolleté and upper arms with a revolutionary creme that breaks down enzymes responsible for storing fat while reinforcing collagen synthesis tightening effects.

HOT STONES
Hot stone massage can be added to any facial for deeper relaxation.

ROOTS
Warm oil is applied to the scalp and massaged to stimulate circulation and nourish the hair.

POINT
Marble stones are best for this cold stone therapy to help reduce puffiness and swelling around the eyes. They can also work to relieve sinus pressure, migraine pain and help drain the lymphatic system, reducing fatigue.

SHIMMER
Add a touch of luxury with a dusting of iridescent mineral shimmer plus lip shine to complete your journey.

These treatments are not offered as a stand alone service.
REVITALIZING BACK TREATMENT
Purify your back and shoulders with this deep cleansing treatment designed to maintain skin's natural beauty. After a deep cleanse, an upper body massage is enjoyed as steam assists in relaxation while impurities are removed and released with gentle extractions. A customized masque is then applied followed by a serum and moisturizer that will leave you glowing in that backless dress or day at the beach. (50 MIN)

CELL.U.LIFT TREATMENT
A revolutionary new lift and firm treatment formulated to fight skin laxity on a cellular level. Begin with an exfoliating body scrub from the knees to the neck to improve natural cell turnover followed by an application of rejuvenating body lotion. The vital step of this treatment is the amazing Cell.U.Lift body cream that is applied and massaged to help strengthen collagen fibers and reduce the volume of lipid cells of underlying tissue. (50 MIN)

WAXING AND TINTING SERVICES
See the price list for details.
**SPA**

**MASSAGE**

**CALM**
The most soothing method of massage therapy focuses on calming the nerves and relaxing stiff muscles. A proven stress reliever, this treatment is customized to address your specific needs. **(50/80 MIN)**

**STONE**
Transcend relaxation with this thermal massage that combines a soothing massage with heated basalt stones to transfer heat deeply into stiff, sore and aching muscles. **(50/80 MIN)**

**SPORT**
This massage is designed for individuals seeking a deeper pressure on strained and sore areas. This tailored treatment will focus on areas of concern easing tension and muscle pain, helping to de-stress the body and to promote healing. **(50/80 MIN)**

**BAMBOO**
This innovative technique combines warm bamboo with varying levels of pressure to increase circulation, detoxify for faster healing, reduce pain and promote relaxation. Enjoy long, soothing, rhythmical strokes that will stimulate blood flow while releasing tension and breaking down tissue adhesions. The relieving effects of this luxurious deep tissue treatment will leave you energized and promote a physical well-being for the entire body. **(50/80 MIN)**

**AROMA**
Infused with natural plant extracts, our signature aromatic oils will help enhance your mood and awaken your senses. We will choose the oil blend that best aids you in achieving a healthy equilibrium in both body and mind. Create your signature scent with our paired face and body mist to complement your treatment. **(50/80 MIN)**

**JOY**
This prenatal massage is a therapeutic focus on the needs of the mother to be as she journeys through pregnancy. Both the mother and baby will benefit as tension melts away with soothing hands. **(50 MIN)**
REFLEXOLOGY
Practiced for centuries, this is the Eastern science of wellness and healthy balance. Working specific pressure points in the feet or the hands will help increase energy and circulation within the body. This is a great option for someone who seeks something minimally-invasive, but still effective in creating mind-body harmony. Great add-on to any massage. (25 MIN)

BUNDLES
Thai Bolus medicine bundles are wrapped and tied with soothing sea salts and lavender. They are applied to the body in lieu of hot stones to offer an aromatic relief to tired muscles.

POINT
Marble stones are best for this cold stone therapy to help reduce puffiness and swelling around the eyes. They can also work to relieve sinus pressure, migraine pain and help drain the lymphatic system, reducing fatigue.

ROOTS
Warm oil is applied to the scalp and massaged to stimulate circulation and nourish the hair.

IMMERSION SOAK
Choose from: Minerals/Retreat/Healing. (20 MIN)

These treatments are not offered as a stand alone service.
**SPA**

**MANICURES AND PEDICURES**

**HARMONY**
Designed to uplift your spirits and reconnect mind body and soul, this aromatherapy infused treatment will be sure to get you started on the right ‘foot!’ Begin with an exfoliation of essential oils and softly scented sea salts to remove dry cells and soften the skin. A soothing massage is performed followed by a cuticle cleanse, nail shaping and a perfect polish - sure to become the highlight of your day.

(40 MIN MANICURE)  |  (50 MIN PEDICURE)

**DRENCH**
Quiet your mind and renew your spirit with this treatment designed to hydrate, rejuvenate, and renew legs and feet. First, an exfoliation using essential oils immersed with nutrients, vitamins and sea salts is performed followed by a hydrating masque applied to your feet and legs. A hydrating foot and leg massage will leave your skin soft and supple. While a cuticle cleanse, nail shaping and a perfect polish leaves you refreshed and restored.

(50 MIN MANICURE)  |  (60 MIN PEDICURE)

**INDULGE**
Experience ultimate indulgence with this revitalizing treatment designed to center your senses and stimulate positive energy. After a warm soak and exfoliation with vital essential oils and sea salts, an additional sugar scrub is performed to ensure vibrant and glowing skin. A hydrating masque is applied. A massage with hot stones soaked in essential oils delivers comfort and hydration to tired or aching feet/hands. Finally, a cuticle cleanse, nail shaping and a perfect polish completes this amazing treatment.

(70 MIN MANICURE)  |  (80 MIN PEDICURE)

**GOLDEN BLISS**
Submerge your feet into a golden bath enriched with golden peptides to soothe your ‘soul’. Legs and feet are exfoliated with a golden scrub infused with tiny golden peptides to firm and smooth the skin. Bask in a golden foot masque enriched with iridescent minerals to detoxify and hydrate your feet. Finally, a warm massage for your legs and feet with our golden peptide body milk will lift and restore your spirits. A light dusting of a golden shimmer powder is then applied to your legs and feet leaving you ready to walk down your own red carpet.

(50 MIN MANICURE)  |  (80 MIN PEDICURE)
SPA

NAILS ENHANCEMENTS

FRENCH EFFECTS
French polish design, offering a classic look to help finish off your service. *Hands or feet.*

PARAFFIN
Enjoy the relaxing treatment as the warm paraffin is applied and the heat soothes tissues. *Hands or feet.*

SHELLAC MANICURE
A more lasting polish service that is instantly dry and has the strength to stand the day to day abuse we put our hands through. *Manicure only.*

VINYLUX
An industry leader in longer lasting polish, naturally applied. *Hands or feet.*

HOT STONES
Add to any manicure or pedicure for deeper relaxation during massage.

CUSTOMIZED MASQUE
Add to any manicure or pedicure for deeper hydration prior to massage.

*These enhancements can be added on to any of the nail services offered.*
EXPRESS SERVICES

EXPRESS MASSAGE
Treat your back, neck and shoulders to 25 minutes of relaxation. This calming massage is perfect if you are short on time but need to unwind from every day stresses. (25 MIN)

EXPRESS FACIAL
Our express facial features a gentle cleansing, exfoliation and hydrating moisturizer application. (25 MIN)
(Does not include steam, extracting or masque.)

EXPRESS MANICURE
During this express manicure, receive a warm soak, nail shaping and cuticle treatment, hand moisturizer, along with your choice of polish or buff to a natural shine. (25 MIN)

EXPRESS PEDICURE
This express pedicure includes a foot soak, trimming and shaping of the nails, cuticle care, moisturizer and finishes with your choice of polish or buff to a natural shine. (25 MIN)
MEN’S SPA

MEN’S FACIAL  all skin types
Look your best with this tailor made facial created just for you! Start with a thorough cleanse of your face, an exfoliation and then gentle steam to prepare your skin for essential extracting. You will then relax with an upper body massage once a masque for the face is applied and is working for you! A customized serum and moisturizer is then massaged into your skin leaving you refreshed, rested and ready to go! (50 MIN)

MEN’S MANICURE
A total spa treatment for the man who wants it all. Invigorate your hardworking hands which includes a buffing and shaping of the nails. Eucalyptus and Tea Tree essential oils are utilized to energize, refresh the mind, reduce fatigue and soothe tired muscles. (40 MIN)

MEN’S PEDICURE
This treatment focuses on your hard working and fatigued feet. Your nails are buffed and shaped to perfection, cuticles are maintained and a Jasmine-infused massage is given to help invigorate the tissues in your soles. (50 MIN)

ESSENCE
Refresh your inner core with a renewing and cleansing full-body exfoliation. The skin is polished with an organic sugar scrub to help remove dead skin cells and improve overall circulation. This treatment is finished with a body milk application leaving your skin with a softer, smoother appearance. (50 MIN)
(Please refrain from any hair removal prior to this service.)
Earth. Air. Fire. Water. In Chinese medicine theory, the continuum between the four elements is essential to nature. As the inspiration behind our treatments, we converge the essence of these elements to bring about balance, well-being and a healthy relationship with the self to each spa guest.

Earth
Allow 6 Hours

- Essence Body Treatment
- Classic Facial
- 50 MIN Calm Massage
- Harmony Manicure
- Harmony Pedicure
- Spa Lunch
- Spa Gift Basket
SPA

AIR — Allow 6 Hours
- Oxygen Facial
- SCULPT Body Therapy
- Harmony Manicure
- Harmony Pedicure
- Spa Lunch
- Spa Gift Basket

FIRE — Allow 7 Hours
- 50 MIN Hot Stone Massage
- Golden Manicure
- Golden Pedicure
- 80 MIN Hot Stone Signature Facial
- TONE Body Therapy
- Spa Lunch
- Spa Gift Basket

WATER — Allow 7 Hours
- Red Carpet HydraFacial
- Immersion Healing Soak
- SERENTITY Body Therapy
- Drench Pedicure
- Drench Manicure
- Spa Lunch
- Spa Gift Basket
Experience our state-of-the-art workout facilities. Our Fitness Center offers the latest pre-core equipment, free weights, circuit training and a full hydration station to help you recover comfortably.

ACTIVE, PASSIVE AND TRANSITION ZONES
If you are looking to achieve a healthy lifestyle, spa guests and guests of MGM Grand Detroit, 18 years and older, are invited to use the Active and Passive Zones of our facility (Pool, Fitness Center and Locker Rooms).

FUSION PASS
For our non-hotel guest, adults 18 years or older, you can still enjoy all of the offered amenities that our Active, Passive and Transition Zones have to offer with a Fusion Day Pass. If you do decide to choose a spa service, the fee of the pass will be applied to the cost of the service.
IMMERSE spa was designed for adults as a place of personal rejuvenation, creating a departure from everyday stress to personal renewal. Adults, 18 years and older, are invited to find balance at IMMERSE. We are a cellphone-free facility. We are also a smoke-free facility.

KNOW HOW TO SPA

We suggest you arrive for your journey at least 45 minutes before your scheduled appointment, providing you with sufficient time to change, shower and steam. Arriving late will possibly interfere with your treatment time. All appointments will end at their scheduled time so the next guest will not be delayed.

While a robe, slippers and small locker are provided upon arrival, you may instead elect to bring the robe and slippers available in your hotel room. If you choose, undergarments may be worn during treatments. Leaving your personal belongings secured in your room is also up to your discretion. IMMERSE spa is not responsible for misplaced or lost items.

You may request a specific gender massage therapist and/or esthetician while booking an appointment, although we cannot guarantee that we will have your request available at all times. All service provider professionals are licensed for the services they provide and meet IMMERSE spa’s rigorous standards for draping, training, experience and excellence.
HEALTH INFORMATION AND COMFORT LEVEL
Please advise us, when making your spa reservation, of any health conditions that could affect your service such as high blood pressure, allergies, injuries, if you are using any medications that affect your skin, or if you have had recent laser or plastic surgery that could affect your service.

We have specifically designed treatments for expectant mothers in their second and third trimesters. We encourage you to have your service provider adjust any part of your experience, including the music, the amount of pressure applied during your massage or the room temperature.

GRATUITY
For your convenience, a 20% service charge will be added to all IMMERSE spa treatment prices upon checkout.

GENERAL
To continue your spa regimen at home, all spa products used in the treatments and services are available in our spa boutique.

Information on special spa packages or group programs can be obtained by contacting IMMERSE spa at 313.465.1656. For your convenience, complimentary valet is available.
RESERVATIONS
For maximum convenience and flexibility, we recommend that you schedule your spa sessions in advance. All appointments must be guaranteed with a credit card. Call 313.465.1656 and our knowledgeable spa coordinators will be happy to recommend and schedule a spa experience specifically for you. We will do our best to accommodate your request. Pricing is subject to change without notice.

CANCELLATIONS
We ask that you give 24 hours advance notice should you need to change or cancel your appointment. No-shows and cancellations made less than 24 hours before scheduled time will be billed at full treatment rate.

TOURS
To protect the privacy of our spa guests, we must limit the number of people we tour through our facility. We do not offer tours of the lower levels. Viewing of the pool on the upper level is permitted.